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## **Report of the 1<sup>st</sup> Capacity Building Activity**

### **USEK and USJ, Lebanon**

The shadowing visit to Lebanon was organized on September 22-27, 2019.

On day 1, StEER-LEb coordinators and partners gathered for a management meeting at the Holy Spirit University of Kaslik (USEK) in the morning. During this meeting, the per diem, bus tickets, and necessary material (handbook, etc.) were distributed and the program of the entire week was discussed thoroughly. Afterwards, the USEK StEER-Leb Development Center was inaugurated, followed by the speech of the USEK President and the StEER-Leb Project Coordinator. A visit was then organized to the campus of Saint-Joseph University to inaugurate the StEER-Leb Development Center there.

On day 2, a student session was held at Saint-Joseph University on leadership and self-confidence followed by a cultural visit to the museum of stones on campus.

In the afternoon, parallel sessions were given. Staff were given a session on self-development skills for working with students whereas students' representatives took a session on how to engage students in activities and events.

On day 3, two parallel sessions were given before noon. Staff had a good practices session in the morning followed by a very interesting session given on verbal martial arts. Students on the other hand attended a session entitled "Conflict Resolution" followed by another one entitled "Strategy & Tactics for Students".

In the afternoon, all participants attended a session on politics and youth engagement in Lebanon. This session was very interesting to non-Lebanese participants because it gave a historical overview about the political situation in Lebanon, on how Lebanon is affected by the regional and international politics, and on how Lebanese universities are affected by the national politics and political parties. Moreover, several students who were active in the political representation field during their university years gave testimonies about experience. A cultural visit was held in the evening.

Day 4 was a team building day. Participants from different institutions were divided into groups. Indoor games were held followed by outdoor games in the afternoon. This day was very entertaining because students and staff got to know one another on a deeper level as a result of the games. The mix in the groups helped participants further to get to know each other.

A cultural visit was then held to Lebanese cultural sites.

On day 5, a morning evaluation session was held in order to assess all that has been done throughout the week. Remarks, comments and suggestions were given by the participants on the evaluation forms. At the end, certificates were distributed to all participants and then a brunch was held as a wrap up for this fruitful week. A cultural visit was then held to Southern Lebanon.





